

# THE JOURNEY HOME

## CONNECTION BACK TO YOUR ROOTS: THE ANCESTORS STORY

### 3 DAY WORKSHOP ADELAIDE

#### 26 – 28 OCTOBER 2018

All family members, past and present, have a right to belong. The family system does not allow exclusion at the level of the soul. The system is always trying to make itself whole. Our place of belonging puts our feet on the ground, connects us fully to life and gives us our place in the world. It builds a strong foundation to support us moving forward and to reach our full potential.

What is not completed/resolved in your family system can be passed on to present generations. You may live feeling empty, disconnected, sad, angry, feeling not enough, self denial, find it difficult to embrace relationships, feel unsupported, have no meaning or purpose in life with your full potential not lived.

In this workshop you will have:

- **a voice for your family's stories that have not been heard or healed**
- **honour for the deep sadness, grief and longing of your family's journey of immigration**
- **loss and grief for what could have been**
- **sacred space for collective trauma to be held and transformed**
- **victim/perpetrator in the Ancestors Story acknowledgement**

Education on the principles of Family Constellations.

Experience the strength of standing strong in the world.

Experience your own constellation / representative or both

Meditation on owning your belonging.

## FAMILY CONSTELLATIONS

### A new way forward in our changing world

FAMILY CONSTELLATIONS | EDUCATION | CONNECTION



**Susan Altschwager from Australia**  
**Family Constellations Facilitator**  
**and Trainer**  
**Author of New Story for Humanity**

Susan will shine a light on the goodness of your family's history supporting you to reach your full potential. You will walk together the journey of your ancestry story, giving everyone a place with no exclusions.

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Sacredness, dignity and reverence hold a space for the traumas of your family lineage, weaving connection back into your family heritage.

Connection to our Ancestors in our busy life is often not a natural Understanding. We live as if life starts with us, yet something is missing - connection and belonging is calling

**3 DAY WORKSHOP**

**\$445**

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